

“ You can bring into
Your Life More Power,
More Wealth, More Health,
More Happiness, and
More Joy by Learning to
Contact and Release
the Hidden Power of
Your Subconscious Mind.”

-Dr. Joseph Murphy



WHO IS IT FOR

Individuals Experiencing 🌿
stress or Anxiety
People with chronic pain or 🌿
Sleep Disorders
Those seeking 🌿
Emotional Healing
Yoga and Meditation 🌿
Practitioners
Spiritual seekers and 🌿
Energy workers
Busy Professionals and 🌿
Caregivers

FIND YOUR PATH OF LIFE

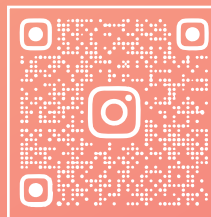


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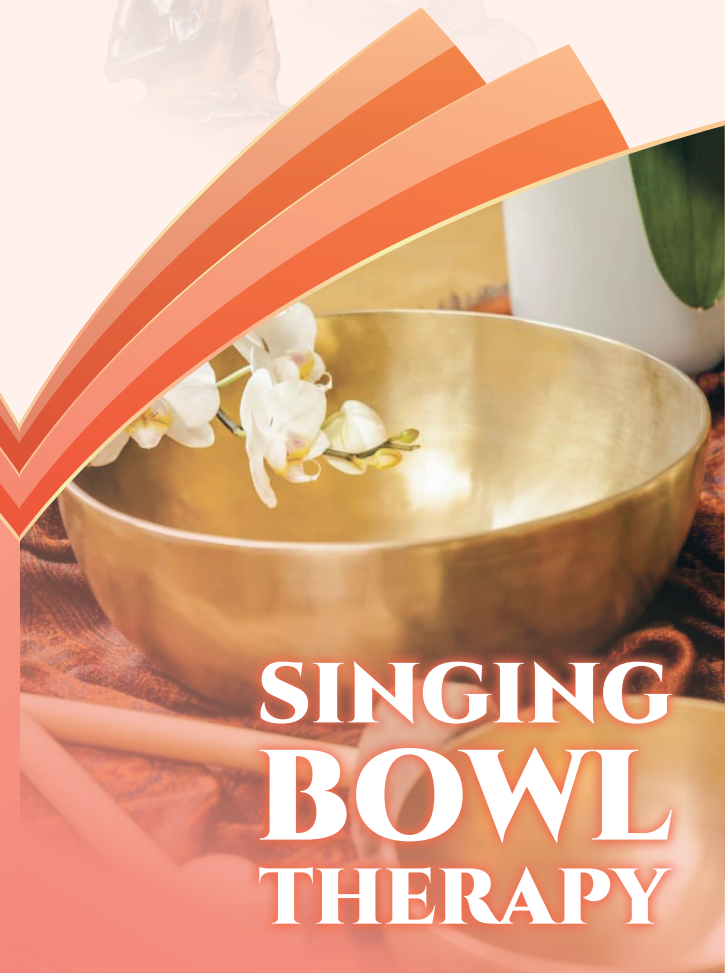


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Follow Us,



PP Logeshwar
Sound Clinic



SINGING BOWL THERAPY

Miles to go before I sleep ...

ABOUT SOUND HEALING

Singing Bowl Therapy, also known as Sound Healing or Tibetan Singing Bowl Therapy, is a form of sound therapy that uses singing bowls to promote relaxation, balance, and well-being.

OUR MISSION

Sound Wellness is driven to create health, wholeness, balance and harmony in people's lives.

We view ourselves as partners with our clients and the community. By providing programs and experience with sound and music, we help holistic healers and health care providers incorporate sound healing within their practice, so that they can better serve the needs of those under their care, while supporting their own health and well-being.

SCIENCE OF SOUND HEALING

Vibration

Bowls produce complex waveforms. These create rich, harmonious overtones.

Resonance :

The body responds to bowl frequencies. This can induce a meditative state.

Entrainment :

Brain waves may synchronize with bowl sounds. This potentially reduces stress & anxiety.

BENEFITS OF SOUND HEALING

-  Activates Higher States of Consciousness
-  Cleanses + Balances Chakras
-  Quiets an Overactive Mind
-  Eases Pain + Tension
-  Relieves Stress + Overwhelm
-  Improves Sleep & Overall Well-Being
-  Sparks Creativity + Ideas

